

# Food and drink policy

Valuing Compassion, Community, Endurance, Friendship, Hope, Respect,  
Thankfulness, Wisdom

The Nursery regards snack and meal times as an important part of the Nursery day.

Eating represents a social time for children and adults and helps children to learn about healthy eating.

The children will be provided with 1/3 pint of milk or water if preferred.

Children can access drinking water throughout the day.

The Nursery will provide a mid-morning fruit snack.

The Nursery endeavours to meet with every child's individual dietary needs.

A hot school meal is served every day at 12p.m. in the Nursery at a cost of £2:20.

Nuts - Some children have a life-threatening allergy to nuts, therefore the Nursery requests that no nut products may be brought into the Nursery environment. This includes peanut butter.